

Back To Eden Cookbook Original Recipes And Nutritional Information From One Of The Great Pioneers In The Imaginative Use Of Natural Foods

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[Back To Eden: Kloss, Jethro: 9780940985100: Amazon.com: Books](#)

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[The Back to Eden Cookbook : Original Recipes and ...](#)

Bought this along with the Back to Eden book. This "cookbook" is mostly for historical purposes - if you want to see what it was like back in the day. Info is not only outdated but just strange like grains weren't meant to be separated and spices/condiments are wrong. And soy, soy, soy as the answer for everything.

[Amazon.com: The Back to Eden Cookbook eBook: Kloss, Jethro ...](#)

The Back to Eden Cookbook: Original Recipes and Nutritional Information in the Imaginative Use of Natural Foods by Doris Kloss Gardiner, Jethro Kloss, Promise Kloss Moffett. New Age Books/MLBD, 2006. Softcover.

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Back To Eden Books, Jan 1, 1981- Cooking- 160 pages 3Reviews This book is a golden treasury of recipes and priceless information on natural foods for health and healing.

[The Back to Eden Cookbook: Original Recipes and ...](#)

This book is a golden treasury of recipes and priceless information on natural foods for health and healing. The Kloss family selected 240 tempting recipes using simple, economical foods with taste appeal and proven balanced nutrition without any artificial or refined ingredients.

[Back to Eden Cookbook by Jethro Kloss - Goodreads](#)

Now in its expanded, updated revised edition, this is the original classic text (with more than 5-million copies sold) that helped create the natural foods industry. It remains today one of the major texts on herbs, natural diet and lifestyle and wholistic health. Customers Who Bought This Item Also Bought Back to Eden Trade Paper Revised Edition

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Book Description This book is a golden treasury of recipes and priceless information on natural foods for health and healing. Based on Jethro Kloss's 40 years of experience, his family selected these 240 tempting recipes using simple, economical foods with taste appeal and proven balanced nutrition without any artificial or refined ingredients.

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Best known for his best-selling herbal Back to Eden, Jethro Kloss was one of America's earliest and most creative soyfoods pioneers. In 1935, while living in Takoma Park, Washington, D.C., after several decades of studying and writing, Kloss published the first edition of what was to become his magnum opus, Back to Eden.

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"Back to Eden" by Jethro Kloss has been revised, updated & expanded by the daughter of the author, Promise Kloss Moffett. Topics previously scattered throughout the book have been collected & rearranged for easier reference.

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After graduating from Le Cordon Bleu in London, Eden traveled to India, Israel, and Southeast Asia to take in the culture and, of course, the cuisines of these countries. When she returned to New York, she co-created the show Eden Eats for the Cooking Channel. A year later, she launched Log On & Eat with Eden Grinshpan also for the Cooking ...

~~Eden Grinshpan of Eden Eats on Food and Family~~

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Back to Eden Cookbook by Jethro Kloss Family Overview - Based on the work of Jethro Kloss, this book draws upon his forty years of experience in preparing natural foods with taste appeal and balanced nutritional values.

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